

Weekly Planner

Balancing your life and planning ahead

*Plan activities
you can enjoy together
as a couple.*

Week /	Treatment Details	My Life
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		
Saturday		
Sunday		

*"Where there is great love,
there are always miracles."*
Willa Cather, American author

My thought of the week:



What I will do this week to
stay positive:

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*Do not let treatment
take over your life.*

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Tuesday		
Wednesday		
Thursday		
Friday		
Saturday		
Sunday		

*“Courage and perseverance
have a magical talisman,
before which difficulties disappear
and obstacles vanish into air.”*

John Quincy Adams
(American president 1825-1829)

My thought of the week:



What I will do this week to
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Focus on your personal beliefs and inner strengths.

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"In everyone's life, at some time, our inner fire goes out. It is then burst into flame by an encounter with another human being. We should all be thankful for those people who rekindle the inner spirit."

Albert Schweitzer (doctor and philosopher)

My thought of the week:



What I will do this week to stay positive:

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*Use the Waiting Card
to stay positive.*

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*“When we do the best that we can,
we never know what miracle is wrought
in our life, or in the life of another.”*
Helen Keller

My thought of the week:



What I will do this week to
stay positive:

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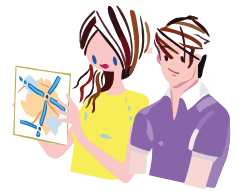
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*Plan a suitable time
with your partner
to discuss next steps.*

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*"Our greatest weakness lies in giving up.
The most certain way to succeed is always
to try just one more time."
Willa Cather, American author*

My thought of the week:



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Prepare yourself for another cycle. You may need more than one to succeed.

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"Optimism is the faith that leads to achievement. Nothing can be done without hope and confidence."

Helen Keller

My thought of the week:



What I will do this week to stay positive:
